



## Al-Emaan Centre Zakat Hub

### Other Help

#### @Al-Emaan Centre

##### Food Bank

Al-Emaan Centre Food Bank is pleased to provide monthly emergency food parcels to Muslims in need.

This service is run on a referral basis; if you require support, please get in touch

[foodbank@al-emaan.org.uk](mailto:foodbank@al-emaan.org.uk)

##### Law Clinic

A Free Law Clinic at Al-Emaan Centre, every Monday 5:30 - 7:30 pm, hosted by Legal Muslim. Legal Muslim is a service that exclusively helps Muslims understand their Islamic obligations in non-Muslim lands, specialising in Islamic Wills, inheritance, and tax-planning

[Russell@legalmuslim.com](mailto:Russell@legalmuslim.com)

##### Counselling

In partnership with Inspired Minds, the service provides faith sensitive therapy for Muslim clients and many of our therapists have undertaken additional training in spiritual and Islamic models of psychological therapy. Search for Counselling under our Community section and fill out the form. Reduced fees for zakat eligible families



<https://al-emaan.org.uk/our-services/>

##### Professionals' Advisory Service for Parents (PASP)

This project provides a non-judgmental signposting/advisory service for parents who have concerns about the development and behaviour of their preschool aged children, particularly when they are unsure of how and where to go for appropriate support and/or referral. For more info, please see the PASP tab under our Community section

[PASP@al-emaan.org.uk](mailto:PASP@al-emaan.org.uk)

##### Creative Club

Join our Creative Club to improve your skills, share knowledge & skills and make friends. Includes knitting, crochet, embroidery and sewing. Ladies only. Every Monday 10m to 1pm

[info@Al-Emaan.org.uk](mailto:info@Al-Emaan.org.uk)

### Muslim Scouts

Every Wednesday, 5.30pm to 7pm

[Info@Al-Emaan.org.uk](mailto:Info@Al-Emaan.org.uk)

### Madrassa

Mondays to Thursdays, 7pm to 9pm. **Free for zakat eligible families**

[Rubina.Moten@Al-Emaan.org.uk](mailto:Rubina.Moten@Al-Emaan.org.uk)

### Taekwondo

Sundays, 5.30pm to 6.30pm. Boys and girls ages 5-10 years old. **Free for zakat eligible families**

### Boxing

Sundays, 11am to 12pm. Fridays 5.30pm to 6.30pm. Boys only, ages 10 to 17 years old. **Free for zakat eligible families**

### Coffee mornings

Last Saturday of every month, 10am to 11.30am

## Local

### Benefits and Financial Support if you are on a Low Income

Universal Credit, Housing Benefit, Support for Mortgage Interest, Council Tax reduction, Warm Home Discount Scheme



<https://www.gov.uk/browse/benefits/low-income>

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### Lewisham Islamic Centre:

<https://lewishamislamiccentre.com/our-services/>



<https://croydon.simplyconnect.uk/>

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Social groups, healthy living, advice and guidance



<https://www.migranthelpuk.org/>

Asylum and refugee help and advice, including employment



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<https://www.youngroots.org.uk/>

Supporting young refugees and asylum seekers



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<https://breaking-barriers.co.uk/>

Refugee education, employment and general support



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<https://www.bromley.gov.uk/children-families>



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<https://bromleyparentinghub.info/servicedirectory>

General children and family support in Bromley



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<https://bromley-y.org/>

Support for children, young people and their families in Bromley



## @National Zakat Foundation

<https://nzf.org.uk/apply-for-zakat/>

Includes:

Hardship Relief Fund

Housing Fund

Work and Education Fund



Please ask your Zakat volunteer for assistance if you have any questions.

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